

The River Kent Catchment



- * The River Kent begins at Hall Cove, above Kentmere
- * It flows for 20 miles until it reaches Milnthorpe Sands, becoming the Kent Channel flowing into Morecambe Bay
- * The Kent catchment is a Site of Special Scientific Interest (SSSI)
- * It is also a Special Area of Conservation (SAC)
- * The Kent catchment is the only place in Europe where both freshwater pearl mussels and white-clawed crayfish are found!
- * The main tributaries into the Kent are the River Mint, the River Sprint and the River Gowan
- * The River Sprint starts in the fells and flows through the Longsleddale valley, meeting the River Kent at Burneside. It is known for being the fastest rising river in England.

The River Kent

- * Water crowfoot (*Ranunculus fluitantis*) is a beautiful plant seen on our becks and rivers
- * It trails on rivers in long green strands, dotted with white flowers
- * Flowers appear in early summer
- * It needs well oxygenated water with a steady flow
- * It provides a great safe hiding place for a range of invertebrates and young fish
- * It is under threat from pollution, nutrient enrichment as well as invasive species and climate change



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All mixed up!

Can you work out these words?

LALH VECO _ _ _ _ _

SELSUM _ _ _ _ _

LAKEND _ _ _ _ _

TOWFROOC _ _ _ _ _

WAGON _ _ _ _ _

FAYCRISH _ _ _ _ _

TRIPSN _ _ _ _ _

BLUHDEAL _ _ _ _ _

Why don't you...

- Visit Kendal and spot an otter on the River Kent
- Go on a walk! There are lots of lovely riverside walks to do around Staveley, Kentmere and Longsleddale
- Draw your own picture of a river with water crowfoot

LifeR4Ever Kent project is

- Improving the rivers to make them better for freshwater pearl mussels as well as lots of other wildlife
- Planting trees, removing barriers to fish migration and tackling invasive plant species
- Breeding lots of freshwater pearl mussels to release into the rivers



A partnership project. Co-funded by the European Union.

All mixed up answers:
Hall Cove
Kendal
Gowan
Sprint
Mussel
Crowfoot
Grayfish
Bullhead